



HEALTHY RABBIT MENU



Get your rabbit on a healthy eating plan with our Rabbit Menu!

Print and stick it on your fridge or their hutch to remind you what they should be eating daily. Changes in diet should be implemented gradually to avoid health problems.



FRESH WATER

FREQUENCY - DAILY

Fresh, clean water in a bowl or drip-feed bottle. Make sure water in bowls is not frozen (winter) and is algae free (summer), and bottles are accessible and not blocked.

HAY

FREQUENCY - DAILY (ONE BUNDLE)

Good quality, fresh hay.
1 bundle of hay should be the size of your rabbit.



GRASS

FREQUENCY - DAILY TO GRAZE ON

Growing grass or kiln-dried grass (never lawnmower cuttings).

LEAFY GREENS

FREQUENCY - DAILY (ONE ADULT SIZED HANDFUL)

A variety (ideally 5-6) of rabbit-safe, washed leafy green vegetables, herbs and weeds.

E.g. cabbage, kale, broccoli, parsley, and mint.

TIP - Introduce new foods gradually in small amounts.



PELLETS

FREQUENCY - DAILY (25G PER 1KG WEIGHT)

Good quality pellets or nuggets.
Measure 25g (1 egg cup-full) per 1kg of your rabbit's body weight.

HEALTHY TREATS

FREQUENCY - DAILY & OCCASIONALLY

Feed part of their daily ration of greens / pellets / nuggets as treats and rewards.

Feed occasional small amounts of carrots and apples.

